

## Cost comparison – Stoke Newington Local Economy Study 4<sup>th</sup> December 2011

Item	Sains	Tesco Metro	Morr	Shahn	Med	Church St Supermar	Royal Bakery	Luk's	Paramount fruiterers	The Fishery	Butchers/ Cookery	Farmers Market	Akendiz Bakery	Gida Pazari	Food & Wine
Milk – 2 pints	0.89	S/S 1.10	0.86	0.95	0.95	0.79	n/a	0.89	0.79	n/a	n/a	n/a	n/a	1.19 (Litre)	1.29
Bread wholemeal/ 800g	1.20 Hovis	1.35 Hovis	1.15 Hovis	1.19	N/A	1.29 Hovis	1.20	1.29 Hovis	n/a	n/a	n/a	n/a	1.20	1.19	n/a
Toms – loose fresh per kilo	2.00	(1.99) see below*	1.99	0.69	1.39	1.69	n/a	0.89	0.60	n/a	n/a	n/a	n/a	0.69 (vine)	n/a
Organic potatoes – per kilo	1.17	£1.25 – 2kg 93p offer	0.99	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	1.00	n/a	79p (2 kg) **	n/a
Organic spinach – per kilo	7.50	£11.60 offer from £13.00**	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	4.00	n/a	4.95 **	n/a
Fairy – 433ml	1.00	1.29 offer 1.03	1.00	1.19	1.19	1.00	n/a	1.29	n/a	n/a	n/a	n/a	n/a	1.00	n/a
Bic disp Razors x4	2.05	2.05	?	n/a	n/a	n/a	n/a	?	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Smoked haddock per kilo	10.18	9.96	10.99	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
Fresh sardines	5.69	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	5.99	n/a	n/a	n/a	n/a	n/a
Organic red onions	2.00	1.25 for 3 x (65- 86 mm)	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	2.00	n/a	0.69 **	n/a
Butter – Creamy or Kerrygold	1.40	1.66 Anchor/ Lurpak	1.40	1.69	0.99 Turkish band 1.89 Kerrygold	1.99	n/a	1.59	n/a	n/a	n/a	n/a	n/a	1.99 (Countrylife)	n/a
Rice – long grain per kilo	1.24	1.30 (brown)	1.20	1.29	1.59	2.49	n/a	2.18	n/a	n/a	n/a	n/a	n/a	2.29	n/a
Eggs large free range half dozen	1.51	1.51	1.45	0.79	0.99	1.09	n/a	n/a	n/a	n/a	?	?	n/a	0.99 FR org 1.59	n/a
Eggs large half dozen not f/range	0.69	0.69	0.61	n/a	n/a	0.89	n/a	?	n/a	n/a	?	n/a	n/a	1.39 for 10	n/a
Chickpeas OB	0.79	0.45 (tinned 400g)	0.55	0.39	0.59	0.69	n/a	0.49	n/a	n/a	n/a	n/a	n/a	0.89 500g dried	n/a
Tin tomatoes	0.50	0.42	0.58	0.39	0.39	0.39	n/a	0.39	n/a	n/a	n/a	n/a	n/a	0.39 or 3 for 1.00	n/a
Nappies – Pampers babydry 22	3.99	6.75 (34 midi)	3.74	3.49	3.49	3.49	n/a	3.49	n/a	n/a	n/a	n/a	n/a	3.49	n/a (14 Huggies 2.99)
Loo roll 4 pack	2.19	1.94	1.85	1.99	1.99	1.99	n/a	1.99	n/a	n/a	n/a	n/a	n/a	1.79	1.99
Feta per 200g	1.75	1.54	1.50	1.89	1.79	2.19	n/a	1.99	n/a	n/a	n/a	n/a	n/a	1.99	n/a
Yoghurt – 500g plain natural	0.99	1.02 OB 0.94	0.90	1.29	0.89	0.99	n/a	0.89	n/a	n/a	n/a	n/a	n/a	0.69 400g 0.89 424g	n/a
Tea – Yorkshire 80 bags	3.05	2.37	2.28	2.29	2.29	2.39	n/a	n/a	n/a	n/a	n/a	n/a	n/a	2.35 (PG tips)	2.35 (PG tips)
Tea – OB 80 bags	1.75	1.58 (offer 1.39)	0.78	n/a	1.75 Lyons	n/a	n/a	0.75	n/a	n/a	n/a	n/a	n/a	1.89	n/a
Bananas per kilo	0.68	19p ea	0.68	0.99	1.59	0.69	n/a	1.19	0.69	n/a	n/a	n/a	n/a	1.19	n/a
Stella 4 pack	4.79	4.25	4.49	4.00	3.96	4.00	n/a	4.00	n/a	n/a	n/a	n/a	n/a	3.96	4.40
Bacon per kilo (unsmoked back)	8.27	8.60	6.64	n/a	n/a	9.45	n/a	9.95	n/a	n/a	4.98	n/a	n/a	n/a	n/a
Chicken Breast fillet – kilo	11.99	11.63	8.84	n/a	n/a	n/a	n/a	n/a	n/a	n/a	8.00	n/a	n/a	4.99	n/a
Apples	1.85	1.87 (offer 1.46)	1.70	1.29	1.39	1.99	n/a	n/a	1.79	n/a	n/a	n/a	n/a	1.19	n/a
Mint – bunch	0.80	n/a	0.79	0.69	0.69	0.59	n/a	n/a	n/a	n/a	n/a	n/a	n/a	0.79	n/a
Parsley - bunch	0.80	n/a	0.79	0.69	0.69	0.59	n/a	n/a	n/a	n/a	n/a	n/a	n/a	0.59	n/a
Red pepper – per kilo (1 pepper = 150g)	0.80 each – 5.33/k	0.78 ea (offer 0.66)	0.80 each	1.99	2.49	2.29	n/a	n/a	1.96	n/a	n/a	n/a	n/a	1.99	n/a

\*no weight – a number of fruit & veg products at Tesco's had no weight; sold by number  
 Tesco's: tomatoes: £1 for 6 midi or £1.75 for 6 large offer £1.25 on latter – no weight on either  
 \*\*not organic  
 OB – Own Brand